

A practical, behaviour-driven employee wellbeing workshop for modern workplaces



Financial stress is one of the leading causes of distraction, reduced productivity and disengagement at work. Most traditional financial literacy sessions are either too simplistic or too overwhelming leaving employees no more confident than when they arrived

Financial Wellness & Behavioural Change

The Goal: To bridge the "Intention-Action Gap" through a high-impact, multi-sensory coaching framework.

Most employees are never taught how money actually works, yet they are expected to manage it perfectly. We change that. This is not a budget lecture. No finance jargon. No judgment no spreadsheets. Just real money conversations, practical insights, and powerful 'aha' moments that finally make money make sense.

What Your team Will Gain

- Reduced financial stress
- Improved focus and performance
- Sustainable money habits
- Increased confidence and clarity
- Strengthened resilience
- Personal accountability
- Group-centered cultural wellbeing
- And more

Bold. Practical. Transformational

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my MONEYMENTOR
Behavioural Finance Coach

Three Workshops. One Sustainable Shift.

Tier 1: The Insight Session (Foundational)

Best for: Companies looking for a high-impact catalyst for employee engagement.

- **Pre-Event Behavioural Assessment:** Every participant completes an online diagnostic to identify their "Money Persona" and psychological spending triggers before the session.
- **The Intentional Workshop (2 Hours):** A deep dive into cognitive biases and "The Psychology of the Pay Cheque."
 - **Visual:** Dynamic mapping of spending leaks and mental models.
 - **Auditory:** Expert storytelling and guided "Future-Self" visualisations.
 - **Tactile:** Hands-on "Choice Architecture" exercises where participants physically map out their friction-less habit systems.
- **The Implementation Tool:** Access to the Digital Behavioural Habit Tracker to bridge the gap between the workshop and daily life.
- **Investment: \$2,800 + GST**

Tier 2: The Resilience Package (Most Popular)

Best for: Organisations committed to measurable growth and long-term habit shifting.

- **All Tier 1 Features PLUS:**
- **Dual-Benchmarking Surveys:** A pre-workshop survey to benchmark the team's current financial position, followed by a post-survey to measure the shift in confidence and clarity.
- **21 Days of Intentional Prompts:** Participants receive automated, actionable daily "nudges" (via app or dedicated platform) to move lessons from the classroom into permanent neural pathways.
- **Individual Implementation Support:** A 15-minute 1-on-1 "Ask Me Anything" follow-up call for every participant to troubleshoot their specific behavioural blockers.
- **Investment: \$4,800 + GST**
- **Financial Clarity Builds Confidence**
- **Confidence Reduces Stress**
- **Reduced Stress Improves Performance**

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Stronger People. Smarter Decisions. Better Workplaces.

Tier 3: The Transformation Partnership (Premium)

Best for: Leadership teams seeking deep individual support and a measurable shift in corporate culture.

- **All Tier 1 & 2 Features PLUS:**
- **Psychological Financial Profiles:** Each participant receives a detailed, personal report detailing their unique behavioural financial blueprint and "blind spots."
- **Strategic Leadership Brief:** An executive report for management detailing aggregated (anonymous) team stress points and cultural recommendations for HR.
- **High-Touch 1-on-1 Coaching:** 30-minute intensive coaching sessions for each key staff member to align personal financial habits with professional performance.
- **Investment: \$7,800 + GST** (Scalable based on number of key staff)

Active Learning Guarantee

Because our workshops are Audio, Visual, and Tactile, we ensure that learning is not passive. By using hands-on exercises, we disrupt existing biases in real-time.

Proudly Supporting



*Assisting Women and Children
in Domestic Abuse*

Financial Wellbeing Is a Performance Strategy.

Distraction costs productivity. Financial stress erodes focus.
Uncertainty weakens decision-making.

Make Money Make Sense provides a structured, measurable framework that moves employees from awareness to action - improving clarity, resilience, and long-term behavioural capability.

With tiered delivery, executive reporting, and post-workshop implementation support, this is a scalable solution - not a one-off event.

Ready to activate financial capability inside your organisation?

Enquire today to secure your preferred workshop tier.

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